**Political gripes, dental dilemmas, guest comments, general feedback... We want to hear them all.**

Oppose fluoridation!

People of England, your future health may depend on what will happen in Southampton in the next few months: A heavily subsidised (£180,000 of your tax money, as well as a full time ‘job’ worth more than £70,000 a year-see the Guardian) so-called public consultation is underway in Southampton. If the state is not met with enough public opposition, most of the Southampton water supply will be ‘fluoridated’ and the state will use this ‘victory’ to further its plan to do the same to many more poor people all over England.

Would you rather believe subsidised government propaganda or would you rather investigate for yourself and then decide?

Let’s start with a few quotes from more brilliant men than myself.

‘**Government is an association of men who do violence to the rest of us.**

Lev Tolstoy

‘**Government is not reason, it is not eloquence, it is force. Like fire, it is a troublesome servant and a fearful master. Never for a moment should it be left to irresponsible action.**

George Washington

‘**The ruling class has the schools and press under its thumb. This enables it to sway the emotions of the masses.**

Albert Einstein

‘**Government is nothing but systematic coercion against the people, and coercion is a crime.**

Henry David Thoreau, in Civil Disobedience

‘**What a great advantage for leaders that the people do not think!**

Adolf Hitler

‘**The individual is handicapped by coming face-to-face with a conspiracy to monstrous he cannot believe it exists.**

J. Edgar Hoover, Former FBI director (1924–1972)

‘**If people let government decide what foods they eat and what medicines they take, their bodies will soon be as sorry a state as are the souls of those who have never had a conscience.**

The great American President Thomas Jefferson

You, the reader should investigate for yourself. The element flour was part of all the weaponised gases in the first world war. Ongoing research immediately after the end of the war, both in Germany and the Soviet Union, showed how fluor-ride, when added to tap water in prisons and concentration camps, had the effect of dumbing down, making the inmates sluggish, depressed, and devoid of initiative. Very useful to prevent risky dissent and uprisings! Also, it makes me suspect flour is not that good for our bodies!

The most expensive private clinics in Germany between the two world wars used a small amount of fluoride in bathing water for treating patients with OVERTACTIVE thyroids. After a few years this was stopped because it was devastatingly effective: All patients then had UN-OVERTACTIVE thyroids for the rest of their lives! Could it possibly be that a small amount of fluoride in the tap water you use to showervourself means an actuality total poison to your thyroid?

Look up what the National Kidney Foundation in the USA thinks about fluoride and kidneys. The solution used to fluoridate tap water is NOT natural Calcium Fluoride, sodium and silicaffouride WHICH HAS NEVER BEEN TESTED FOR SAFETY ON HUMAN BEINGS.

Also, the solution used comes from industrial scrubbers and contains heavy metals like lead. It is illegal to medicate anyone against his will, so as long as there is one person in Southamp- ton opposed to this fluoridating, it is illegal. This shows you how arrogant and preposterous it is to hold a public consultation in or- der to make it look acceptable to the public. Use your intuition. Every- body has at least some, a dentist

**DTUK mailbox**

We value your feedback, so email us at penny@dentaltribuneuk.com, or write to Dental Tribune UK, 4th Floor, Treasure House, 19-21 Hatton Gar- den, London, EC1N 8BA

**Dental vacancy rates fall**

Long-term vacancy rates for NHS dentists have fallen from 1.1 per cent to 0.9 per cent, according to statistics pub- lished by the NHS Information Centre.

The NHS Vacancy Survey 2008 reports on NHS vacancies that remained unfilled for three months or more by 51 March 2008.

The survey showed that the North East Strategic Health Au- thority had the highest long-term vacancy rate across medical and dental staff groups at 1.6 per cent (though this was a fall from 1.9 percent in the previous year).

Chief executive of the NHS Information Centre, Tim Stranghan said: “Today’s figures show long-term vacancy rates are continuing to fall across nearly all staff groups. This is good news for patients because low vacancy rates are likely to contribute towards better contin- uity of care.”

The three month vacancy rates are calculated by dividing the number of vacancies by full- time equivalent staff in post plus the number of vacancies. This ratio is expressed as a percent- age.

**Colgate Oral Health Month**

More than 85 per cent of UK dental practices have registered to take part in Colgate Oral Health Month.

Colgate Oral Health Month by Colgate and the British Dental Association aims to inform the public and promote the importance of oral health.

A spokeswoman for the campaign said: “The 2008 campaign is focusing on delivering consis- tent preventive messages.”

She added: “Colgate Oral Health Month provides the entire dental team with an opportunity to get involved in a nationwide campaign that will be supported by TV advertising.

A road show will travel around major UK cities throughout Sep- tember. Dental professionals will be at mobile toothbrushing units to give advice on oral health and demonstrate appropriate brush- ing techniques. They will each re- ceive a practice pack that contains educational materials, a patient competition, motivational stick- ers and patient samples.”

The continuous professional development (CPD) programme ‘Delivering Prevention in Prac- tice – A Team Approach’ is avail- able as part of Colgate Oral Health Month.

Whilst working on the pro- gramme, the whole dental team will qualify for four hours verifi- able CPD.

Visit www.colgathohm.co.uk to download this interactive pro- gramme.

‘**Highly effective’ GDC**

Mr Mathewson added: ‘We are not complacent about the work already done and our report highlights some areas where we need to improve, and I’m pleased to say we have already started work on them. We have an ambitious work plan which includes launching a sys- tem for regularly ‘evaluating’ dental professionals (we’re on track to run pilot years next year), continuing to drive down the time we take to deal with fitness to practise cases, and streamlin- ing our registration processes.’

The GDC is particularly strong on standards and guid- ance, according to the review which praised its Standards for Dental Professionals as prioritis- ing dental practitioners’ interests, and har- ring well-focused and clearly written standards and guidance documents.

Another area where the GDC excels is public protection.

The GDC audits a random sample of registrants (CP) records and additionally reviews those of all registrants who have been late in submitting fee pay- ment, for example, to ensure those who are poor at keeping on top of such things are not slack at keeping up with other require- ments the GDC places upon them,” said the report.

**Dental Tribune United Kingdom Edition - September 15-21, 2008**

**International Imprint**

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Dental Tribune International

www.dentaltribuneinternational.com

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Published by Dental Tribune UK Ltd

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